

# 纽约市幼儿心理健康网

## 为怀孕人士或新生儿照护者提供心理健康服务

您是否在怀孕，或是新生儿的家长或照护者，并且正在：

- 感到忧郁或焦虑？
- 对于宝宝感到心情不定？
- 面临着具有压力和挑战的生活难题？

NYC 健康与心理卫生局 (Department of Health and Mental Hygiene) 的幼儿心理健康网 (Early Childhood Mental Health Network, ECMHN) 现在可为全纽约市的怀孕人士及新生儿的家长或照护者提供远程的或面对面的治疗。

我们用多种语言提供服务，并与 Medicaid 和其他保险公司合作。欢迎具有各种文化背景的家庭。



如需了解更多信息，请访问 NYC ECMHN 培训与技术协助中心 (Training and Technical Assistance Center, TTAC) 的网站：[ttacny.org/clinical-services](http://ttacny.org/clinical-services) 或联系离您最近的诊所：

| 诊所名称   | 地址  | 联络信息   |
|--|---|--|
| Staten Island Mental Health a div. of Richmond University Medical Center | 657 Castleton Ave.<br>Staten Island, NY 10310           | Pilar Brzyski<br>718-818-6727<br><b><a href="mailto:pbrzyski@rumsci.org">pbrzyski@rumsci.org</a></b>   |
| Association to Benefit Children Fast Break — The Bronx                   | 1366 Inwood Ave.<br>Bronx, NY 10452                     | Carrie Wolleman-Stein<br>929-288-4320<br><b><a href="mailto:cwolleman-stein@a-b-c.org">cwolleman-stein@a-b-c.org</a></b>                       |
| Northside Center for Child Development                                   | 1475 Park Ave.<br>New York, NY 10029                    | Chenshen Wang<br>212-426-3400<br><b><a href="mailto:cwang@northsidecenter.org">cwang@northsidecenter.org</a></b>                               |
| University Settlement  | 184 Eldridge St.<br>New York, NY 10002                  | Marilus Castellanos<br>212-453-4522<br><b><a href="mailto:mcastellanos@universitysettlement.org">mcastellanos@universitysettlement.org</a></b> |
| The Child Center of NY   | 150-15B Sanford Ave.<br>2nd Floor<br>Flushing, NY 11355 | Seline Bearman<br>718-530-6892<br><b><a href="mailto:selinebearman@childcenterny.org">selinebearman@childcenterny.org</a></b>                  |
| The Jewish Board, Brownsville Child Development Center                   | 255 E. 98th St.<br>Brooklyn, NY 11212                   | Rachel Krutiy<br>718-372-3300<br><b><a href="mailto:rkrutiy@jbfcs.org">rkrutiy@jbfcs.org</a></b>   |
| Ohel Children's Home and Family Services                                 | 1268 E. 14th St.<br>Brooklyn, NY 11230                  | Raizel Keilson<br>718- 382-0045 ext 6302<br><b><a href="mailto:raizel_keilson@ohelfamily.org">raizel_keilson@ohelfamily.org</a></b>            |