

# 紐約市幼兒心理健康網

## 為懷孕人士或新生兒照護者提供心理健康服務

您是否在懷孕，或是新生兒的家長或照護者，並且正在：

- 感到憂鬱或焦慮？
- 對於寶寶感到心情不定？
- 面臨著具有壓力和挑戰的生活難題？

NYC 健康與心理衛生局 (Department of Health and Mental Hygiene) 的幼兒心理健康網 (Early Childhood Mental Health Network, ECMHN) 現在可為全紐約市的懷孕人士及新生兒的家長或照顧者提供遠端的或面對面的治療。

我們用多種語言提供服務，並與 Medicaid 和其他保險公司合作。歡迎具有各種文化背景的家庭。



如需詳細資訊，請造訪紐約市 ECMHN 培訓與技術協助中心 (Training and Technical Assistance Center, TTAC) 網站 [ttacny.org/clinical-services](http://ttacny.org/clinical-services) 或聯絡離您最近的診所：

診所名稱：	地址	聯絡資訊
Staten Island Mental Health a div. of Richmond University Medical Center	657 Castleton Ave. Staten Island, NY 10310	Pilar Brzyski 718-818-6727 <b><a href="mailto:pbrzyski@rumsci.org">pbrzyski@rumsci.org</a></b>
Association to Benefit Children Fast Break — The Bronx	1366 Inwood Ave. Bronx, NY 10452	Carrie Wolleman-Stein 929-288-4320 <b><a href="mailto:cwolleman-stein@a-b-c.org">cwolleman-stein@a-b-c.org</a></b>
Northside Center for Child Development	1475 Park Ave. New York, NY 10029	Chenshen Wang 212-426-3400 <b><a href="mailto:cwang@northsidecenter.org">cwang@northsidecenter.org</a></b>
University Settlement	184 Eldridge St. New York, NY 10002	Marilus Castellanos 212-453-4522 <b><a href="mailto:mcastellanos@universitysettlement.org">mcastellanos@universitysettlement.org</a></b>
The Child Center of NY	150-15B Sanford Ave. 2nd Floor Flushing, NY 11355	Seline Bearman 718-530-6892 <b><a href="mailto:selinebearman@childcenterny.org">selinebearman@childcenterny.org</a></b>
The Jewish Board, Brownsville Child Development Center	255 E. 98th St. Brooklyn, NY 11212	Rachel Krutiy 718-372-3300 <b><a href="mailto:rkrutiy@jbfcs.org">rkrutiy@jbfcs.org</a></b>
Ohel Children's Home and Family Services	1268 E. 14th St. Brooklyn, NY 11230	Raizel Keilson 718- 382-0045 ext 6302 <b><a href="mailto:raizel_keilson@ohelfamily.org">raizel_keilson@ohelfamily.org</a></b>