



NYC Early Childhood Mental Health Network

Mental Health Services for People Who Are Pregnant or Caring for a Newborn

Are you pregnant or a parent or caregiver of a newborn and experiencing:

- Feelings of depression or anxiety?
- Upsetting thoughts about your baby?
- Stressful and difficult life-challenging events?

The NYC Department of Health and Mental Hygiene's Early Childhood Mental Health Network (ECMHN) now offers therapy remotely or in person for people who are pregnant and for parents or caregivers of newborns throughout NYC.

We offer services in multiple languages and work with Medicaid and other insurances. Families of all cultural backgrounds are welcome.

For more information, visit the NYC ECMHN Training and Technical Assistance Center (TTAC) website at ttacny.org/clinical-services or contact the clinic closest to you:

Clinic Name	Address	Contact Information
Association to Benefit Children, Fast Break – The Bronx	1366 Inwood Ave. Bronx, NY 10452	Carrie Wolleman-Stein 929-288-4320 cwolleman-stein@a-b-c.org
Northside Center for Child Development	1475 Park Ave. New York, NY 10029	Shanna Richey 212-426-3400 srichey@northsidecenter.org
University Settlement	184 Eldridge St. New York, NY 10002	Marilus Castellanos 212-453-4522 mcastellanos@universitysettlement.org
The Child Center of NY	150-15B Sanford Ave. 2nd Floor Flushing, NY 11355	Seline Bearman 718-530-6892 selinebearman@childcenterny.org
The Jewish Board, Brownsville Child Development Center	255 E. 98th St. Brooklyn, NY 11212	Renee Antoine 844-663-2255 rantoine@jbfcs.org
Ohel Children's Home and Family Services	1268 E. 14th St. Brooklyn, NY 11230	Deborah Fung 800-603-6435 deborah_fung@ohelfamily.org