Major NYS initiatives to promote workforce development: An inside and behind-the-scenes view

Pathways to Professional Development
Building Foundations in Infant and Early Childhood Mental Health

&

TTAC
Perinatal and Early Childhood Mental Health Network
Training and Technical Assistance Center

A collaboration between:

NEW YORK CENTER FOR CHILD DEVELOPMENT
McSILVER INSTITUTE FOR POVERTY POLICY AND RESEARCH NEW YORK UNIVERSITY

Who We Are

The New York City Perinatal and Early Childhood Training and Technical Assistance Center (TTAC) and Pathways to Professional Development; Building Foundations in Early Childhood Mental Health, are partnerships among a governmental agency, a major early childhood mental health provider and an academic institution that provides technical assistance, business and system transformation supports statewide. Together, these grants have trained over 25,155 professionals.

Discover the challenges, successes, and lessons from running multi-agency outreach, training, and technical assistance projects.

What is the Need?

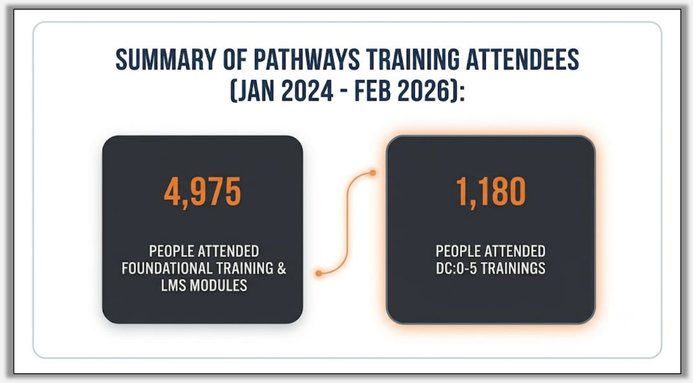
- 75% of women impacted by maternal mental health conditions remain untreated, increasing the risk of long-term negative impacts on mothers, babies, and families. (Byatt, et al., 2015)
- Behavioral health (suicide and overdose) is a leading cause of maternal mortality in NYC, disproportionately impacting Black mothers (Pregnancy-Associated Mortality in New York City, 2020)
- Mental health disorders affect up to 20% of young children, equaling rates seen in older youth. (Vasileva et al., 2020)

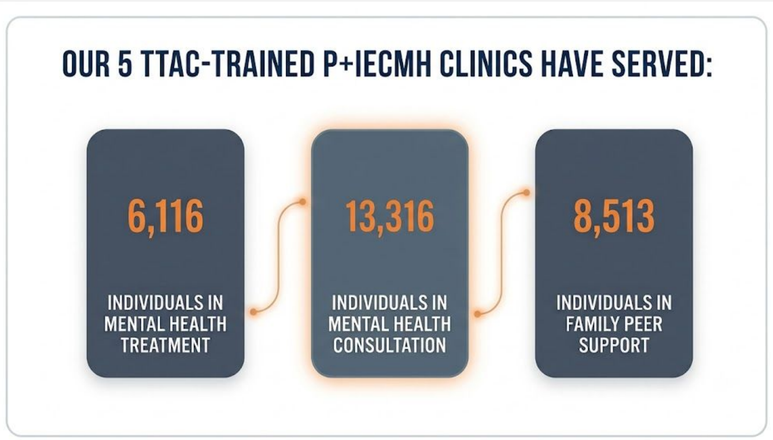
Few providers have the early childhood expertise and dyadic training required for 0-5 care. Perinatal mental health sits at the unique intersection of physical and psychological care, demanding specialized clinical competencies.

Behind the Scenes Challenges

- Scheduling complexity given presenters' calendars/ time zone
- Identifying constituent- relevant topics from the "bottom-up"
- Increasing P+ECMH clinic staff attendance at TTAC presentations
- Staff completion of EBT training and credentialing
- Staff turnover of EBT trained clinicians
- Increasing dyadic therapy sessions
- Identifying sources for perinatal and infant referrals







Acknowledgements: This work is funded by NYC Health & NYS Office of Mental Health

TTAC Perinatal and Early Childhood Mental Health Network Training and Technical Assistance Center

Scan the QR code to visit our TTAC website

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Trainings

TTAC/NYC Perinatal + Early Childhood Mental Health Network

- Training to fidelity in 5 evidence-based interventions for clinicians from 5 P+ECMH mental health clinics
- Monthly peer reflective supervision groups for different cohorts
- Ongoing series of live webinars (25+ per year) provided by national experts
- Annual in-person conferences
- Quarterly, case-based learning collaboratives
- Resource Fair to bring together providers across systems
- Archive of robust online trainings delivered by experts in the field

Pathways to Professional Development

- A series of 25 live foundational webinars converted to LMS modules
- Training on DC:0-5™

Audience

These grants target perinatal and early childhood professionals across child serving systems with the aim that all who serve young children and their caregivers should be mental-health informed.

- **TTAC Grant:** Delivers intensive training and Evidence-Based Models to 5 outpatient clinics.
- **Pathways Grant:** Offers foundational training in perinatal/early childhood mental health and the DC:0–5™ diagnostic system.
- **Reach:** Trained providers across the Department of Education, Early Intervention, doulas, Nurse Family Partnership, and more.

Sustainability and Success

- Clear and consistent commitment from funder (NYC Dept of Health) & the 5 P+ECMH Clinics
- Ongoing partnership and dedicated and engaged leadership staff
- Dedicated P+ECMH program funding to fund non-billable services
- Consistent staffing of P+ECMH clinic directors
- Adaptability: Evolving and flexible technical assistance offerings around a consistent set of goals and priorities
- Expansion and evolution: to continue to engage cross systems collaboration
- Offer CEUs for all live trainings and Foundational LMS modules